



Newsletter

Gravesend CC est. 1923

Club Presidents : Dorothy & Ian Stone
Secretary : Mike Coulter
www.gravesendcc.org.uk

Welcome to Flaming June!

Congratulations to Martin Jessup for retaining his National Triathlon Champion title.



Martin entered the National event as Gravesend Cycling Club and in his age group 45-49 came first and a very impressive 6th overall. Only missing out on 3rd by 15 seconds,

not pushing the run due to a dodgy knee (comes to us all mate).

His component times were:

Swim 1.5km – 21.05
Bike 40km – 1.00.29
Run 10k – 38.08

Martin entered the European Championships unfortunately suffering a sand related bike issue that dropped him to 9th before taking his 4th National Title in Leeds.

Well done Martin and thanks for your continued support.

Whilst we are on the congratulations, we should give a special mention to Bob Wilson, who after suffering a heart attack earlier this year went on to ride the BHF London to Brighton ride as the BHF Champion. There will be a full story in next months' newsletter.

Looking back at June we have had a pretty good month so far. Gravesend Cyclopark hosted a stage of the Pro OVO Women's Tour of Britain on Tuesday 11th June. This event attracted no less than 3000 supporters to the venue and helped to promote cycling in the area. I myself loved the event especially the ride over there as I was passed by the CCC team on a warm-up around Cobham.

We have the National Criterium Championships taking part in Rochester on a challenging course passing the castle and cathedral on the cobbles before descending onto the promenade and using part of the high street. This event will bring an enormous caravan of pop ups with it and British Cycling are offering the local clubs and affiliates and anyone who enters to ride a few laps of the circuit before the event. With a little bit of organization we could easily out together enough riders so that we

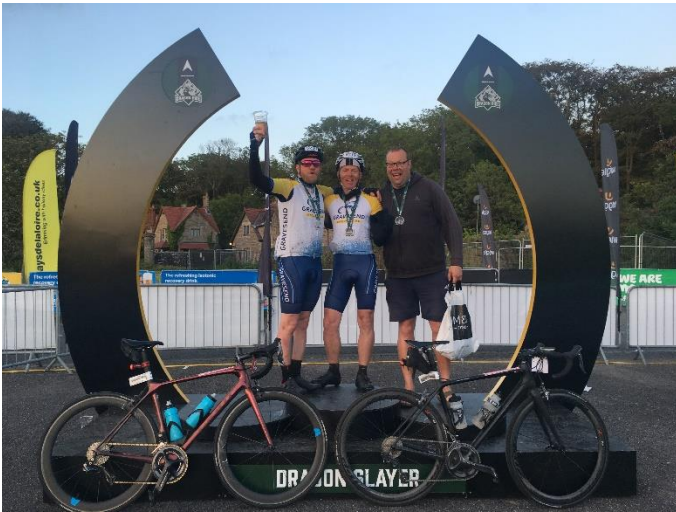
could show our presence at this event. I know that most of the Medway clubs are doing this - Medway Velo have approximately 30 riders registered. If you want to register, then please follow this link:

https://www.eventbrite.com/e/hs-bc-uk-british-cycling-national-circuit-championships-club-free-rides-registration-62347306472?utm_campaign=1000193_Membership+Member+News+20%2F06%2F2019&utm_medium=email&utm_source=British+Cycling+V2

Looking forward we have the Tour de France starting on 6th July, although with the absence of Chris Froome, this should be an entertaining event will Geriant retain his title or will we see a new champion from another team. Should be interesting - I know my wife can't wait for me to watch the highlights program every night and then witter on about it endlessly. Ordinarily I would not promote a Pro event but it is the TDF and we would all love to do an actual stage at some point or another (with the exception of Reg who actually has done the real thing!).

Also in June myself Steve Bushell and Jason Radmore tackled the Dragon Devil ride. I can happily report that we all finished.

Although I decided to drop down a distance to the Gran Fondo – on the basis that I didn't want to be riding at 10pm. I made both cut offs but I think I decided that the Gran Fondo would do and I'd leave the tail of the Dragon for another day. Jason and Steve both completed the main event in 13:01:43 for 300.52 km.



I have to say the Macdonalds that Steve and I had on the way home was the nicest food ever.

Our intrepid Club Secretary Mike has been posting some good results this year, a few of them are below;

May 18 Medway Velo 10 – 25:50

June 22 Bexley 10 – 25:46

June 23 Thanet 25 – 1:05:30

All whilst wearing GCC kit! He's now off to France to terrorize the town twinning club's event – don't forget to pack the factor 50, as France is a little hot this weekend.

Just a quick reminder to follow on from Mike's email recently there are some Subs still outstanding like ,err mine, so please contact David Barnes and get yourself up to date. I emailed him yesterday and will sort mine out today! Sorry.

Roger Stevens is running in a "new" bike - a FERRIS from Hounslow, built **c.1946**. It has laid dormant for a few years, and now come to me. FERRIS CYCLES of Hounslow; proprietor was Harry Ferris. His son [also Harry] was a noted racer in the pre-war years, holding many records.

This month guest contributor Roger Stevens has brought this to our attention;

BEWARE JAYWALKERS!!

A recently reported Court Judgement - A lady talking on her mobile phone stepped out into the road into the path of an approaching cyclist. Collision unavoidable. Jaywalker awarded damages; the cyclist handed a bill of £100,000.

Last year there was a very similar case. Lady on mobile phone stepped out in front of cyclist. Sadly, she died. Much was made of the fact that he was riding fixed with no front brake. Illegal, certainly, but it was never proved that a front brake would have prevented a collision [It didn't in the case above]. After the initial report, later articles always emphasised the lack of a front brake, but the jaywalking with the mobile phone was never mentioned again.

Just remember when you ride – please be careful.

I'm sure we have all at some point experienced this at some point and there is now an insurance scheme with British Cycling as a commuter membership for £37 a year that gives you 3rd party insurance to cover these idiots. Definitely worth thinking about.

replying to her as, oh that's wonderful darling how nice (through gritted teeth) as the event that I suggested and have looked forward to I can't actually go on.

Gutted

So, whilst you lot are riding up Alpe D'Huez I will be enjoying a Michelin starred restaurant and kicking back on fine wine.



Smiles of Pleasure rides of leisure

So here I am sat on the sofa looking at a new set of wheels for my steed. A set of Mavic Krysriums with probably the tubeless Yiksions already fitted ideal for the Alps trip. A trip that I have looked forward to for ages as I have wanted to ride up the Galiber ever since I watched the Tour De France go up it some 20 years ago – attending the event with my dad. Then my wife messages me and says that for our wedding anniversary we will be going to London to see Hamilton and staying at Claridges, with dinner in Ramsay's signature restaurant on Saturday night – and the date for this is the 6th & 7th of you guessed it September! I am