

NEWSLETTER

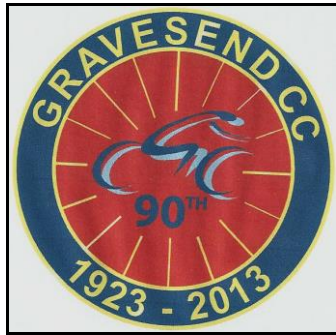
Hours of leisure
Miles of pleasure

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90 & still at it!!



The 90th Anniversary lapel badge is now available. Please note there is only a limited supply ~ 100. £2 or free with a minimum donation to Club funds of £2!! A snippet for such an historical piece! If you want to reserve one then let me know. They will be available at the Anniversary does or Club events. The design retains the traditional colours and style but incorporates the new style GCC logo.

JUNE 16th – 90th Anniversary re-union at Cyclopark 11-3pm

This is first of the two main events to commemorate the 90 years GCC has been in existence. We intend it to be a re-union for all members, past and present.

There is going to be a buffet, £12.50, as well as two rides - a gentler 90 minute ride and a more strenuous 2 x 90 minute (3hr) ride - both to get back to Cyclopark in time for the buffet.

During our re-union there will be road racing on the circuit. For younger riders there is the opportunity of BMX or MTB riding. A good opportunity then to see what facilities Cyclopark has to offer.

We hope to have a display of old photos and memorabilia to rekindle the past and if you have anything of interest please bring it along.

Shortly Roger Stevens will be making contact so please let him know how many places you want and whether you have any interesting past photos or information you could bring along.

The Page 3 girl lives on!!!! It's our own Kate Savage. A more refined p3 girl there could not be. The UCI/Tour de Feminin enlisted Kate, in honour of her climbing abilities, to model their latest Queen of the Mountains attire! More info? – PAGE 3!

RESULTS

16/4/13	GCC 10	Q10/24
A Westwood v		23.09
G Terry		25.30
M Coulter v		26.22
L Harrington		28.04
D Barclay v (L/crsg?)		28.43
K Ward v (fxd)		31.11
	M Harrington v	33.46

Time Trials

7/3/13	GCC 10	Q10/24
A Westwood (v)		25.01
N Harrigan		26.11
S Hunter (v)		27.17
D Woodrow		28.01
L Gower		29.30
S Harrington		31.13
K Ward (fxd)		31.46
L Harrington		35.16
(road bikes & windy!!)		

23/3/13	GCC 10	Q10/24
A Westwood (v)		25.09

7/4/13	KCA (25)/10	Q10/6
M Coulter (v)		26.15
A Gibson (v)		27.00

10/3/13 East Surrey 30	GS/491
A Gibson	1.28.08

17/3/13 Southern Counties	G25/44
A Gibson	1.07.45

9/4/13	GCC 10	Q10/24
A Westwood v		23.26
G Terry		24.52
M Coulter v		26.06
S Harrington		26.26
L Harrington		27.45
D Barclay v		28.02
M Harrington v		32.35

13/4/13	West Kent	Q10/22
M Coulter v		25.42

Road Racing

10/3/13 SERRL 120km (E,1,2 & 3 cats)
R Bettaney 24 th /bunch

16/3/13 Cyclopark winter series
R Bettaney 7 th

31/3/13 SERRL – Cyclopark (E,1 & 2)
R Bettaney 14 th /bunch

MTB

3/3/13 Gorricks series rd 1, Surrey
R Bettaney 6 th in Vets

7/4/13 Gorricks series rd 5, Surrey
R Bettaney 5 th Vets

14/4/13 Southern XC	Hants
R Bettaney	8 th Vets

Sportifs

17/2/13 Kentish Killer
Joe Booth 4.25.33 46 th /390 (30 th in category)

7/4/13 Fools Errand 2 – 77m
Keith Allen 5.58

Ironman

10/3/13 New Zealand ironman
Steve Hunter 12hr 27 mins (read his thoughts late in the N/letter)



After hearing of Kate's hill climbing expertise and record no expense has been spared by the UCI/Tour de Feminin to provide Kate with the latest haute couture fashion to commend and complement her climbing abilities! A new style helmet will allow her to put up those pony tails! Lip gloss is a nice touch too, Kate.

(for those new to cycling the red polka dot jersey, or dress in this case, is worn by the leader in the King (Queen) of the Mountains competition in the Tour de France.

(Modesty prevents me disclosing the source of the photograph or the location of the catwalk)

Subs – now due. Please pay up!!! If you are a first year member then your membership is free. 2nd year member + it is £15. Also social members (£5), 2nd claim (£10) and unwaged rates (£5) Juniors (£10). Please send your subs to Ian Stone, 11 Tennyson Avenue, Cliffe Woods, Rochester, ME38JF or to Membership Secretary Roger Stevens. 120 Astra Drive, Gravesend DA12 4QE. Without having paid *by the end of May* you are not eligible for Club awards.

Please note diary change.....

**90th Anniversary/2013 Dinner & Awards
Presentation**

will now be at

**the Inn on the Lake
on Saturday November 30**

This & that

Welcome to new members **Paul Mudie & Mark Watkins**. We hope we'll see you out on the road soon and that you enjoy your time with us.

A big **thank you** to **Roger Stevens** who is certainly pulling his weight in helping with the running of the Club - helping to organize the Jumble, marshalling the Evening 10s and now helping to organize the June 16 Re-union at Cyclopark. Your efforts are appreciated.

The Evening 10s have started again. Thanks to **Dave Abbotts** for offering to do the timing, to **Roger Stevens** for marshalling at the roundabout and to **Ian Stone** for generally helping out. **Jason** also for pushing off and helping with the signs.

Don says thanks for his card. He bemoans the fact that nobody believed him when he said it was only a pinched nerve in his shoulder but *“a physio came to see me and I started to feel better once he gave me some special exercises to do. I had to have him back again -he was Russian and told me his father and uncle once trained a racing cyclist of world renown, in recent years. He gave me more exercises to do and within days I was able to get out of bed and downstairs so therefore I went from an M.N.D patient who was never going to recover to spending the rest of my days in bed, to the robust and healthy man who took photos of you away a few weeks ago.”* (you tell 'em Don; and it's good to see you back out and about again

Steve Hunter says of his New Zealand Ironman event *“Well I finished!!! 12h 27m and not my best effort, but wow what an event.*

I PB'd on the swim in a very strong field of athletes. Some sod yanked on my leg on the exit of the swim and I got bad cramp in the calf.

I was going great on the bike and the weeks of preparation of getting to know the new bike paid off as this was the most comfortable I'd felt on it, relaxed and in race mode.

Taking it easy at the start and letting the calf cramp go, I didn't push the first climb (against my normal approach) and got into a rhythm and begin to pick up a few places in the cool morning air. The first 100ks went really well and I set out on the second lap confident and comfortable. Then it changed. The heat of the day increased and then a cloud over and wind change and I dropped back places at a rate as I returned to T2 - 5h53m.

The run was torture as I'm sure I dehydrated - even though I feel I drank loads and used both rehydrating electrolytes and carbohydrate drinks. It took me 20km of the run of which I mostly walked to get comfortable. Legs felt strong and I was pleased not to suffer any of the lower leg problems I had in training and ran the remainder to get my time for the 42k to 5h15m.”

Mike Coulter has the CTT 2012 AGM minutes if anyone is interested as well as the recent BC November 2012 National Council minutes. He also has a CTT Handbook, £10.50, if anyone is

interested in competing in Open time trial events. It has the national list of events. Also he has available British Cycling (BC) joining forms/information.

Richard Bettaney's competitive season has start early with mountain bike and road race events. In his first mtb event he finished 6th 4 minutes behind the national champion but in the second race he was only 2.54 behind but the course was longer and harder. In his 120km road race he was up against Elite and First category riders (Richard is 2nd cat) but although half the field dropped out he managed to finish in the bunch, 24th. On the Cyclopark event at the end of March inexperience took a hand in that a break went, nobody seemed to be working to bring it back, Richard had a go on his own as nobody seemed to want to work, then got worked over and the break was brought back but he was done. He still managed to finish 14th though and gain some points. . His latest comments "it was easier in the Masters; the Vets is harder" – welcome to the *real* world of bike riding!!! (Ed)

Steve Hunter sent through an article he has found interesting and easy to follow on general bike set up and for setting up tribars. It is at

[www.andoverwheelers.com/Documents%5CErics bike set up instructions.htm](http://www.andoverwheelers.com/Documents%5CErics%20bike%20set%20up%20instructions.htm)

Keith Allen rode the 77 mile Fools Errand 2 which was a very hilly route based around Sevenoaks and the Weald but said he had to walk up the 2nd half of Carters Hill – as did many other he was at pains to point out!! Brownie points for even riding – well done.

Len's Walks

These have now finished but will start again in October. The last two, in February and March were led by Mike Coulter and Len Brown respectively. Mike's walk was based from Meopham and looped up through Culverstone and Hodsoll St before returning to Meopham while Len's walk navigated a rural circuit around Biggin Hill airport.



Another archive shot of former and current longstanding member. Do you recognise him? Taken circa 1960-62 outside the café in Longfield. This was the cycling attire of the time – mind you no sign of a bike!! Posing?!

Club Kit – anybody want anything as the current stock is running down and we are thinking of putting in another order. If you are in your second year of membership we would like you to be riding in GCC kit – it is a good design, looks good and when there are many on a Club ride it is impressive. Now I would say that wouldn't I!! Let me or Jason know.

Roger Stevens at his stall at the GCC Jumble which he helped to organise. In the woolly hat – Dan Woodrow looking for a bargain. From Roger? he'd have to get up a lot earlier!!!! The Jumble was very successful and a welcome addition to Club funds.



Who's doing what.....

Steve Harrington has signed up for 6 or 7 triathlons

Queen of the Mountains, or, more in keeping with her youthfulness, should it be Princess (?), **Kate Savage** is riding a sportif in Scotland in May – Sportif Ecosse??

May 19 sees **Mike Coulter**, **Tony Jacobs** and **Jim Peck** (70m) and **Keith Allen** and **Clive Walker** (100m) riding the **Castle 100**. Anyone else? I think there are still places but the cost may be a deterrent. Previously I suggested those who might like to ride as a GCC Club ride, ride with an officially entered rider but just donate money to the charity.

Luke Harrington is running a marathon at Cyclopark in June 2nd

Mike Coulter will start going over to France to ride local randonneurs in May, targeting the 12th & 26th at the moment See the list of rides towards the end of the Newsletter.

Richard Bettaney has been head hunted by his coach Dan Fleaman to be the Veteran rider in the 8 man FormeCoaching-Pactimo cycling team. (Dan Fleaman rode for the Cervelo Test team with Carlos Sastre and also rode for Anpost team and has a top 10 finish in the Tour of Britain.) This is mainly for mountain bike racing.

Dan & Leon are going off cycletouring in Europe come May. Time and route, if known, are currently highly variable, much depending on the longevity of their monetary resources. I think they want to link up with the Tour to see or follow some stages. Knowing their climbing abilities keep a sharp lookout in the tv to see if they've managed to infiltrate the bunch!! Good luck to them.

Forthcoming Events

I have had notification of the following events:

28th April 2013 Gravesend charity ride.

Full details and entry form on <http://www.onyourbikegravesend.webeden.co.uk/>

(Ed: there might not be many going on this as Club members are either administering the KCA 10m TT or riding it. If you are not doing either then this ride is a possibility for you)

5/5/12 Pilgrims Hospice Cycle Challenge – Canterbury

There are three routes this year – 75, 47 or 45 miles. Registration £25.00 to include 4 refreshment stops, a finishers medal, a route map and route card

Online at www.pilgrimscyclechallenge.org. If you have any further queries please do not hesitate to contact us on 01227 812621.

12/5/13 Sunday Stroke Association Thames Bridges Bike Ride – 50, 33 or 8 miles

start Southwark Park; sponsored ride but no minimum target. 0207 566 0311 or www.stroke.org.uk/tbbr to register

Sunday 12th May. Our very own Patrick McMaster is organizing Audax events at 100km/ 62 miles, 160km/100 miles, and 200km/125 miles. All starting on our doorstep in Meopham – from the Scout Hut, opposite Bartellas, the Italian restaurant.

More details at these links:

Hop Garden 200k <http://www.aukweb.net/events/detail/13-207/>

Hop Garden 160k <http://www.aukweb.net/events/detail/13-206/>

Hop Garden 100k <http://www.aukweb.net/events/detail/13-205/>

Details about what an Audax is are here: <http://www.aukweb.net/events/description/>

People can enter one of several ways, either online and pay by Paypal, or, complete an entry form, print it off and send it to me with payment & 2 SAE. Full details of exactly how to enter are on the relevant web pages.

Entries SHOULD be with me at least 2 weeks before the event, however, late or on the day entries may be accepted depending on how many spare Brevet cards I have available.

Any questions don't hesitate to contact me: pmcmaster@blueyonder.co.uk 07833 636550

19/5/13 Castle 100 in aid of Action Medical Research – 100/70 or 30 miles

There is a fundraising option, I think you pay £22 then agree to raise a certain sponsorship sum or a sportif option, something like £28 registration then a £22 sponsorship payment. Starts at Tonbridge. 01273 735788 or www.action.org.uk/castle. See above as some of us have already entered.

23/6/13 Essex Countryside Bike Ride – 60 or 25 miles – both £16 each

Promoted by Havens Hospices providing care and respite for terminally ill children 01702 220 308 or lhyde@havenshospice.org.uk

23/6/13 Air Ambulance Double 100 – 100 miles or 100 km

£30 registration + £100 min sponsorship or £45 reg with no minimum sponsorship
 Start Redhill Aerodrome. 01622 833833 or Julie@kssairambulance.org.uk;
www.kssairambulance.org.uk

Don't forget also the regular Tuesday evening Evening 10 mile TTs on the Grain course and also the regular non-GCC Club events held on local courses as well as the Open events. Listings can be found at the end of the Newsletter.

16/8/13 Bike Around Brands in aid of the EllenorLions Hospices & chYps

This is at Brands Hatch circuit round the shorter 1.2 mile circuit. Between 6-8pm – just ride round as many times as you like. Minimum sum of £10. Pay when you turn up to sign on. This is an event we usually support as a Club – families attending, just cycling round at leisure; it is not a race.

Club Rides

Since the last Newsletter Club rides have fluctuated. Jason, who regularly led the rides, had a large increase in his workload so his Sunday riding was spasmodic and not as regular as previously. Mike was able to cover some rides and provide some Saturday rides as well. Turn out on rides was good but number also fluctuated.

Graeme Terry found himself leading one ride. Here are his comments:

5 riders out today, Sunday 3rd March. Jim, Jim's mate I think his name is Mark or was it Paul?? A new guy Clive, Anthony (we picked up in Cuxton) and myself. A nice steady ride over to Aylesford. We went down into Cuxton and over the Motorway bridge, through Burham, Aylesford, Ditton, East Malling, West Malling, Borough Green. We then picked up the Pilgrims way through Ryarsh, Birling then up Birling Hill to Vigo Village Jim did mention while on our way up Birling hill he was so pleased we took that route!! (Ed. that's what I've always found with Jim, he has a way with words!!)

When we got to Vigo it was all lined out for the run in back to Meopham and even though we had a toughish headwind we stayed together until we passed the Green, which was a good achievement.

When we got back to Cobham I had 39miles from when we left there earlier. No punctures which was nice and the sun did come out for a while, which made it even nicer.

Jason was working today so could not make it, Not sure I,m up to his team leader roll. I felt a bit like Froomee taking over from Wiggo..... Scary!!!

Today's (14 April) ride was good – 11 out, 6 in Club kit which look impressive. Jason led the way and marshaled us round – the camorra from Strood – the Don, Mike Harrington, with enforcers Steve and Luke, the mafia from Istead Rise, led by Jim Peck with Dave and Kevin Patterson, then

Anthony Westwood, Keith Allen, Mike Coulter and Tony Jacobs making up the supporting cast. Good to see Mike H out getting some miles in again. Cobham-Meopham-Longfield-Horton Kirby-Swanley-back roads-Otford-Pilgrims Way-Wrotham-Meopham=35 miles. Nice sunny day and soon overheating and lots of other cyclists out too. Got entangled with some Woolwich cyclists and then a car coming the other way on a narrow road and unfortunately a young Woolwich lad went down/toppled over but seemingly only some 'minor'? knee issue.

Committee Meeting 8 April

- ~ Roger Stevens offered to co-ordinate 'attendees' at June 16 re-union at Cyclopark. £12.50 buffet chosen.
- ~ Tony Mack to 'sound out' Sean Yates as guest of honour for end of year Dinner/Awards ceremony. Geoff Wiles also suggested.
- ~ Tony Mack suggested a GCC 'advertising card' to be placed in information boxes at Cyclopark – Mike Coulter said already in train with Andrew Webster offering some design/IT help – just volume of other GCC 'duties' preventing more rapid progress
- ~ Roger Stevens said a steady flow of new members. But not seeing many out on the road though
- ~ Racing – Dave Abbotts had offered to time keep – first races on trial basis to see if practical for him concerning work & sons
- ~ Eldridge Memorial Race rescheduled owing to roadworks. Now May 5 Wigmore event
- ~ Club finance – sound - £1787 in current a/c & £819 in deposit. Approx £400 owing for kit
- ~ Tony Mack spoke about the Youth Series at Cyclopark: April 19 a test/training event so if want to help can go along and learn what to do. All events covered but can help with another Club's event
- ~ young, active cycling members for Committee sought. New blood; new ideas – interested?

For Sale

Bike carrying box – Elite Travel Vaison Case (as per Ribble website)

Weight 18kg, dimensions - 45x12x27 inches or 1230x292x330mm. Strengthened plastic molded body, wheels and handle, black. Contact D Wright 01474 834201

Wheels - Fulcrum 7 wheels £75/pr

Virtually brand new – less than 300 miles. Online price around £140-150 Ribble/Parker. M Coulter 01474 814475

Wheel - Tri spoke rear wheel – tubs & Shimano compat

Mike Coulter is possibly thinking of selling, so any interest 01474 814475

Wheels – Mavic Kysrium Elite – tubular, Campag compat £100pr

black, flat bladed spokes
Mike Coulter 01474 814475

Turbo trainer

Chris Bramley 0717165376 – for further information

FRANCE 2013

The bracketed letter after a place name indicates the nearest large town. A + indicates that it is further than the indicated main town. I have made a rough calculation that Boulogne (B) is approximately 20 miles from the Channel Tunnel, Le Touquet (LeT) 35 and St Omer (StO)30 miles, Calais (C) 5 miles. MTB means there are MTB routes/distances as well.

Date	Event name	Start	Distances	
April	7	Rand cyclotst Anserienne	Oye-Plage (C)	30,60,90
	14	Rand Marquisienne	Marquise(C)	25/50/75
	28	Le Velo Scbien	St M-Boulogne (B)	30,50,100
May	1	Chatx moulins et abbayes	Montreuil (LeT)	60
	5	Sur les traces de Napoleon	Le Portel (B)	50,90,150
	5	29 th Rand St Michel	Roquetoire (StO)	30,50,70,100
	8	Rand des Mines	Auchel (LeT+)	30,60,90
	8	Les Coteaux de la Hem	Zutkerque (C)	30,60,90
	9	Sur la route Le P-Bonningue	Le Portel(B)	50/75/100
	10	Cyclotourist Convention	Houdain (StO+)	33-150+MTB
	11	Cyclotourist Convention	Houdain (StO+)	63,77,120+MTB
	12	Rand de la Biche	Samer (B)	30/60/90
	12	Carre de Vallees	Ardres (StO)	25/60/100/150
	19	Rand des 2 Caps	St M-Boulogne (B)	50,80,120
	26	A travers bois et forets	Ledringhem(StO)	20/40/60/80
June	2	La Reinette	Boulogne	50/75/98
	2	Rand La Francois 1 st	Ardres (StO)	25/65/105
	9	La cycl'isques	Isques (B)	50,75,1
	9	La Conconessoise	Longuenesse (StO+)	25/55/80+MTB
	16	Rand de monts et forets d'Artois	Isbergues (StO)	37/65/90
	23	Rand de la baie St Jean	Wimereux (B)	30,70,100
30	Balade Etaploise	Etaples (LeT)	30/60/90	
July	7	La Ronde des Clochers	Hazebrouck (StO+)	30/60/90
	7	Rand de la Mouette	Neuf-Hardelot (B)	30,60,80
	7	Rand de l'OSA Cyclo	Aire sur Lys (StO)	30,60,80
	14	Brevet des Estivants	Cucq (LeT)	30,60,90
	21	Rand Estivale	Le Portel (B)	50/75/100
	28	Rand de la Moule	Wimereux (B)	40/70
August	11	Brevet des monts	Cucq (LeT)	40,80,120
	18	Rand de l'Oree du bois	Rang du Fliers (LeT)	20,50,100
	25	10 th Ronde des Fraudeurs	Steenvorde (StO+)	25/50/80
September	1	La Cambresienne	Cambrai	20,40,60,80
	1	La route Cap Gris Nex	St Omer	3150+MTB
	1	la Rando Hesdinoise	Hesdin (LeT+)	40,75
	15	Rand du PAarc de l'Aa	Gravelines (C)	40/60/90/120/150
	21	22 nd Rand des As	Isbergues (StO)	32/62/90/120/150
	22	Rand d'Automne	StM-Boulogne	50,70

NB: *This listing is a selection based on my possible ride preferences and the ease of getting to a destination. Don't forget also the hour's time difference. There are many more ride (including MTB & cyclotourist) possibilities within the Pas de Calais and the Nord. For a full listing try the www.ffct.org site.*

Gravesend CC 2013 Racing Programme

(Draft/proposed programme)

March	17	Sun	GCC	10	Q10/24	1100	(road bikes)
	23	Sat	GCC	10	Q10/24	1400	(road bikes)

April	7	Sun	KCA (Ch-Eldridge)	25	Q25/8	0700	
	9	Tues	GCC	10	Q10/24	1830	
	16	Tues	GCC	10	Q10/24	1900	
	21	Sun	Sydenham (Ch)	25	Q25/8	0700	
	23	Tues	GCC	10	Q10/24	1900	
	30	Tues	GCC	10	Q10/24	1900	

May	5	Sun	Wigmore (Ch)	25	Q25/8	0630	
	7	Tues	GCC	10	Q10/24	1900	
	14	Tues	GCC	10	Q10/24	1900	
	21	Tues	GCC	10	Q10/24	1915	
	28	Tues	GCC	10	Q10/24	1915	

June	2	Sun	KCA (Ch)	50	Q50/11	0600	
	4	Tues	GCC	10	Q10/24	1915	
	11	Tues	GCC	10	Q10/24	1915	
	16	Sun	KCA (Ch)	100	Q100	0600	
	18	Tues	GCC	10	Q10/24	1915	
	25	Tues	GCC	10	Q10/24	1915	

July	2	Tues	GCC	10	Q10/24	1915	
	9	Tues	GCC	10	Q10/24	1915	
	14	Sun	Gravesend	25	Q25/8	0630	
	16	Tues	GCC	10	Q10/24	1915	
	21	Sun	VTTA	50	Q50/11	0630	
	23	Tues	GCC	10	Q10/24	1915	
	28	Sun	De Laune (Ch)	25	Q25/8	0630	
	30	Tues	GCC	10	Q10/24	1915	

August	7	Tues	GCC	10	Q10/24	1915	
	11	Sun	KCA (Ch)	50	Q50/1	0630	
	14	Tues	GCC	10	Q10/24	1915	
	18	Sun	VTTA	25	Q25/12	0630	
	21	Tues	GCC	10	Q10/24	1845	
	28	Tues	GCC	10	Q10/24	1845	

Sept 7 Sat GCC 10 Q10/24 1400
15 Sun KCA (Ch) 25 Q25/10 0730

October 6 Sun GCC(Snr Ch)10 QHC/1 1100
South East Open & Association Events 2013

April	1	Thanet RC (2 up TT)	9.5	QS/3	0830	16
	7	KCA	25	Q25/8	0700	8
	13	West Kent	10	Q10/22	0730	8
	20	Catford	10	Q10/19	0620	8
	21	Sydenham	25	Q25/8	0700	8
	28	KCA	10	Q10/22	0730	8
May	5	Wigmore	25	Q25/8	0630	8
	11	Bexley	10	Q10/24	1500	8
	12	VTTA	30	Q30/2	0630	8
	19	San Fairy Ann	50	Q50/1	0600	10
June	1	De Laune	10	Q10/24	1500	8
	2	KCA	50	Q50/11	0600	8
	6	VC Elan	10	Q10/30	1900	8
	8	Sevenoaks Tri	10	Q10/22	0730	8
	9	VC Elan	25	Q25/8	0630	8
	13	VC Elan	10	Q10/30	1900	8
	16	KCA	100	Q100	0630	8
	20	VC Elan	10	Q10/30	1900	8
	22	Thanet RC	10	Q10/42	1500	8
	23	VTTA	25	Q25/8	0630	8
	27	VC Elan	10	Q10/30	1900	8
	29	San Fairy Ann	10	Q10/22	0730	10
	30	Thanet RC	25	Q25/10	0630	8
July	6	KCA	10	Q10/42	1500	8
	7	VTTA	10	Q10/30	0630	8
	14	Gravesend CC	25	Q25/8	0630	8
	21	VTTA	50	Q50/11	0630	8
	28	De Laune CC	25	Q25/8	0630	8
August	3	VTTA	10	Q10/22	0730	8
	11	KCA	50	Q50/1	0630	8
	18	VTTA	25	Q25/12	0630	8
Sept	1	KCA	12hr	Q12	0630	12
	8	Catford Cc	25	Q25/8	0700	8
	15	KCA	25	Q25/10	0730	8
	22	West Kent RC (GP Gents)	25	Q25/20	0730	16
Oct	5	GS Avanti	H/C	QHC/1	1100	8
	6	Wigmore CC	H/C	QHC/11	1030	8

13 VTTA 15 Q15/20 0800 16

GCC Clothing (at Apr 2013)

Road Jersey	SS/FZ	M	2	£43.20
	SS/SZ (o/s)	4(L?)	1	£30.00
Jacket (Roubaix)		L	1	£54.00
	(o/s)	3(M?)	1	£40.00
Jacket (Windtex) (l/wt)		(M/L)	1	£58.80
Jacket (fleece) (M Coulter)		L	1	£35.00
(Gilet (Wintex)		M	1	£39.60)?
Bibshorts		L	1	£48.00
Skisuit ((o/s)SS		4(L?)	1	£40.00)?
	(o/s) LS	6 (XXL?)	1	£20.00
Overshoes			1pr	£13.20
Armwarmers		M	2prs	£15.60
		L	1pr	£15.60
Bufs/Multitube			2	£9.60
Holdall – Gravesend labelled, black, very large			1	£20.50

2013 Awards – what you are competing for!

Gravesend BBAR (Best Allrounder)

Senior Men's Championship

Veterans' Championship

Evening 10 Championship - Seniors

Evening 10 Championship - Veterans

Handicap Championship

The Tom Taylor Trophy

The Tom Medley Trophy

Hill Climb Championship

The Eldridge Memorial Trophy

Attendance Trophy

Pym Hill Trophy

Half Wheel Trophy

The Sydney William Goldsmith Trophy

The Road Race Award

The Touring Award

The Mountain Bike Award

Ramsay Cup

Wooden Spoon

Ground Rules for Competitions – listed in Newsletter 68

Deadline dates:

- Last date for submission of results Friday 18 October 2013
- Finalisation of Award Winners Friday 1 November 2013

- Annual Dinner and Presentation Saturday 30 November 2013